

# CALIFORNIA HEALTHY KIDS SURVEY



## Mill Valley Elementary Secondary 2015-2016 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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# PREFACE

## NEW FEATURE

The list of content sections and table names at the beginning of the digital report have been hyperlinked to the tables. Click on the title of a content section or a table and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2015–16 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys—*California School Climate Survey* (CSCS) for staff and the *California School Parent Survey* (CSPS)—is a service of the California Department of Education (CDE). These three surveys form the *California School Climate, Health, and Learning Surveys (Cal-SCHLS) System*, the largest, most comprehensive effort in the nation to assess students, staff, and parents at the local level on a regular basis to provide key data on school climate, learning supports and barriers, and stakeholder engagement, as well as overall youth development, health, and well-being. The surveys provide a wealth of information to guide school improvement efforts and your Local Control and Accountability Plan (LCAP), particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Factsheets, guidebooks, and other resources to help in understanding and using survey results are available for downloading from the survey website: [chks.wested.org](http://chks.wested.org). The California Safe and Supportive Schools website also provides a wealth of information and tools helpful in implementing effective strategies that address the needs identified by the survey in regard to school climate improvement and promoting social-emotional learning. Particularly valuable in regard to LCAP efforts are *Making Sense of School Climate* ([californias3.wested.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](http://californias3.wested.org/resources/S3_schoolclimateguidebook_final.pdf)) and *Helpful Resources for Local Control and Accountability Plans, 2014-15* ([chks.wested.org/resources/LCAP\\_Cal\\_SCHLS.pdf](http://chks.wested.org/resources/LCAP_Cal_SCHLS.pdf)).

The Cal-SCHLS Technical Assistance Center offers workshops to help in identifying local needs and developing action plans to meet those needs, including a Listening to Students Workshop for involving student voice in the process (see below).

## SURVEY PURPOSE

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data that would assist schools in: (1) fostering positive school climates and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of youth behaviors, attitudes, and learning conditions is essential to guide school improvement efforts and to also develop effective prevention, health, and youth development programs. These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, and emotional development of all students and create more positive, engaging school environments for students, staff, and parents.

## **SURVEY CONTENT OVERVIEW**

The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

The Core Module consists of a broad range of key questions, identified by an expert advisory committee, that are considered most important for schools to administer to guide improvement of academic, health, and prevention programs and the promotion of student achievement, positive development, and well-being. The primary focus of the Core Module is assessing student perceptions and experiences related to school climate and engagement, learning supports, and health-related, non-academic learning barriers (e.g., substance use, bullying and violence, and poor physical and mental health). To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is also available.

### ***School-Related Core Content***

The great majority of all questions on the CHKS Core are school-specific. The survey provides self-reported data on:

- Student grades, truancy, reasons for missing school, learning motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency of, type, and reasons for, harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

### ***Supplementary School Climate Module***

A supplementary School Climate Module provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from [chks.wested.org/administer/supplemental1#clim](https://chks.wested.org/administer/supplemental1#clim)). A companion Learning Conditions module can be added to the staff survey to compare their perceptions on the same constructs.

## **SURVEY ADMINISTRATION AND SAMPLING**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential. Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).



## THE REPORT

The tables in the Main Report, organized by topic, provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

### *Racial/Ethnic Subgroup Results*

Several tables are useful for helping districts identify and address student needs related to closing the state's persistent racial/ethnic achievement gap. On the CHKS, students are asked to indicate their racial/ethnic identity and to report whether they have experienced harassment because of their race/ethnicity. Summary tables provide key findings (e.g., harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories. Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity of students.

## UNDERSTANDING AND USING THE DATA

Among the tools available to help in understanding and using the survey results, especially for LCAP implementation and monitoring, *Making Sense of School Climate* provides a discussion of all the Cal-SCHLS survey items that relate to school climate (download [californias3.wested.org/resourcesS3\\_school/climateguidebook\\_final.pdf](https://californias3.wested.org/resourcesS3_school/climateguidebook_final.pdf))

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download [chks.wested.org/resources/chks\\_guidebook\\_3\\_datause.pdf](https://chks.wested.org/resources/chks_guidebook_3_datause.pdf)).

### *Sample Characteristics*

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 60%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### *Changes Between Survey Administrations*

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process. The results of this student survey should be compared to those obtained from the Cal-SCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences.

CHKS results will also be enriched if analyzed in the context of other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

The following actions, which can be requested as custom services (additional fees apply), will help in fostering effective use of the results to support school and program improvement efforts and the LCAP process.

### ***Request School Reports***

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies). Two types of reports are available:

- A full report with all the survey results.
- A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains. (View a sample report: visit [californias3.wested.org/resources/California\\_State\\_SCRC\\_1314.pdf](https://californias3.wested.org/resources/California_State_SCRC_1314.pdf)).

### ***Request District School Climate Report Card***

For districts that survey all their schools, a district-level School Climate Report Card that aggregates all their results across eight domains can also be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

### ***Request Disaggregated Report or Analyses***

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement the districts identify and address the needs of underserved subgroups.

### ***Engage Students, Staff, and Parents in an Action Planning Process***

Engage students, staff, and parents in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the needs identified and the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the school and gives them an opportunity for meaningful participation. This helps enhance school connectedness among students and parent involvement, two of the LCAP priorities. It will also promote higher rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

On request, Cal-SCHLS staff can conduct a structured group Listening to Students Workshop designed

to explore with students, as staff observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey. Cal-SCHLS staff also can conduct a Data Use Action Planning Workshop designed to identify local needs based on the survey results and engage stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your Cal-SCHLS Technical Assistance Center (call 888.841.7536 or email [schoolclimate@wested.org](mailto:schoolclimate@wested.org)). See also: [californias3.wested.org/workshops](http://californias3.wested.org/workshops).

## **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at [chks.wested.org](http://chks.wested.org).

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# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. CalMHSA Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Military Connected School Module	
J. Physical Health & Nutrition Module	
K. Resilience & Youth Development Module	
L. Safety & Violence Module	
M. School Climate Module	
N. Sexual Behavior Module	
O. Social Emotional Health Module	
P. Tobacco Module	
Q. Cal-Well Module (New This Year)	
R. Gender & Sex-Based Harassment Module (New This Year)	
Z. Custom Questions	X

# Core Module Results

## 1. Survey Sample

**Table A1.1**

***Student Sample Characteristics***

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
<b><i>Student Sample Size</i></b>				
Target sample	347	–	–	–
Final number	324	–	–	–
<b>Average Response Rate</b>	93%	–	–	–

*Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.*

## 2. Summary of Key Indicators

**Table A2.1**

***Key Indicators of School Climate and Student Well-Being***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>School Engagement and Supports</b>					
School connectedness (high)	79	—	—	—	A4.4
Academic motivation (high)	63	—	—	—	A4.4
Truant more than a few times <sup>†</sup>	2	—	—	—	A4.2
Caring adult relationships (high)	65	—	—	—	A4.4
High expectations (high)	78	—	—	—	A4.4
Meaningful participation (high)	36	—	—	—	A4.4
<b>School Safety and Substance Use</b>					
School perceived as very safe or safe	89	—	—	—	A5.1
Experienced any harassment or bullying <sup>†</sup>	28	—	—	—	A5.4
Had mean rumors or lies spread about you <sup>†</sup>	36	—	—	—	A5.2
Been afraid of being beaten up <sup>†</sup>	10	—	—	—	A5.3
Been in a physical fight <sup>†</sup>	9	—	—	—	A5.3
Seen a weapon on campus <sup>†</sup>	9	—	—	—	A5.6
Been drunk or “high” on drugs at school, ever	0	—	—	—	A6.9
<b>Mental and Physical Health</b>					
Current alcohol or drug use <sup>‡</sup>	3	—	—	—	A6.4
Current binge drinking <sup>‡</sup>	0	—	—	—	A6.5
Very drunk or “high” 7 or more times	0	—	—	—	A6.6
Current cigarette smoking <sup>‡</sup>	0	—	—	—	A7.3
Experienced chronic sadness/hopelessness <sup>†</sup>	12	—	—	—	A8.4
Considered suicide <sup>†</sup>	na	—	—	—	A8.5

*Notes: Cells are empty if there are less than 25 respondents.*

<sup>†</sup>Past 12 months; <sup>‡</sup>Past 30 days; na—Not asked of middle school students.

### 3. Demographics

**Table A3.1**

***Age of Sample***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
10 years or younger	0	—	—	—
11 years old	1	—	—	—
12 years old	56	—	—	—
13 years old	43	—	—	—
14 years old	0	—	—	—
15 years old	0	—	—	—
16 years old	0	—	—	—
17 years old	0	—	—	—
18 years old or older	0	—	—	—

*Question HS/MS A.3: How old are you?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.2**

***Gender of Sample***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	49	—	—	—
Female	51	—	—	—

*Question HS/MS A.4: What is your sex?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.3**

***Hispanic or Latino***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	93	—	—	—
Yes	7	—	—	—

*Question HS/MS A.6: Are you of Hispanic or Latino origin?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.4*****Race***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	1	—	—	—
Asian	2	—	—	—
Black or African American	2	—	—	—
Native Hawaiian or Pacific Islander	1	—	—	—
White	77	—	—	—
Mixed (two or more) races	17	—	—	—

*Question HS/MS A.7: What is your race?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.5*****Living Situation***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parents or guardian	97	—	—	—
Other relative's home	1	—	—	—
A home with more than one family	0	—	—	—
Friend's home	0	—	—	—
Foster home, group care, or waiting placement	0	—	—	—
Hotel or motel	0	—	—	—
Shelter, car, campground, or other transitional or temporary housing	0	—	—	—
Other living arrangement	2	—	—	—

*Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.*

*Note: Cells are empty if there are less than 25 respondents.*



**Table A3.6*****Highest Education of Parents***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	1	—	—	—
Graduated from high school	1	—	—	—
Attended college but did not complete four-year degree	2	—	—	—
Graduated from college	90	—	—	—
Don't know	7	—	—	—

*Question HS/MS A.10: What is the highest level of education your parents completed? (Mark the educational level of the parent who went the furthest in school.)*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.7*****Free or Reduced Price Meals Eligibility***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	76	—	—	—
Yes	6	—	—	—
Don't know	19	—	—	—

*Question HS/MS A.11: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.8*****Participation in Migrant Education Program, Past 3 Years***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	84	—	—	—
Yes	0	—	—	—
Don't know	16	—	—	—

*Question HS/MS A.12: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.9*****Language Spoken at Home***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	93	—	—	—
Spanish	2	—	—	—
Mandarin	0	—	—	—
Cantonese	0	—	—	—
Taiwanese	0	—	—	—
Tagalog	0	—	—	—
Vietnamese	0	—	—	—
Korean	0	—	—	—
Other	5	—	—	—

*Question HS/MS A.13: What language is spoken most of the time in your home?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.10**  
**English Language Proficiency**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>How well do you...</b>				
<b>understand English?</b>				
Very well	97	—	—	—
Well	3	—	—	—
Not well	0	—	—	—
Not at all	0	—	—	—
<b>speak English?</b>				
Very well	97	—	—	—
Well	3	—	—	—
Not well	0	—	—	—
Not at all	0	—	—	—
<b>read English?</b>				
Very well	92	—	—	—
Well	7	—	—	—
Not well	1	—	—	—
Not at all	0	—	—	—
<b>write English?</b>				
Very well	89	—	—	—
Well	10	—	—	—
Not well	1	—	—	—
Not at all	0	—	—	—

*Question HS/MS A.14-17: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.11*****Number of Days Attending Afterschool Program***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	83	—	—	—
1 day	3	—	—	—
2 days	6	—	—	—
3 days	4	—	—	—
4 days	2	—	—	—
5 days	2	—	—	—

*Question HS/MS A.18: How many days a week do you usually go to your school's afterschool program?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A3.12*****Sexual Identification***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Heterosexual (straight)	80	—	—	—
Gay or Lesbian or Bisexual	3	—	—	—
Transgender	0	—	—	—
Not sure	11	—	—	—
Decline to respond	8	—	—	—

*Question HS A.120/MS A.110: Which of the following best describes you? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.*

**Table A3.13*****Military Connections***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	97	—	—	—
Yes	1	—	—	—
Don't know	2	—	—	—

*Question HS A.119/MS A.109: Is your father, mother, or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?*

*Note: Cells are empty if there are less than 25 respondents.*

## 4. School Performance, Supports, and Engagements

**Table A4.1**

***Grades, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	48	—	—	—
A's and B's	35	—	—	—
Mostly B's	5	—	—	—
B's and C's	8	—	—	—
Mostly C's	2	—	—	—
C's and D's	2	—	—	—
Mostly D's	0	—	—	—
Mostly F's	0	—	—	—

*Question HS/MS A.19: During the past 12 months, how would you describe the grades you mostly received in school?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.2**

***Truancy, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	81	—	—	—
1-2 times	12	—	—	—
A few times	6	—	—	—
Once a month	1	—	—	—
Once a week	1	—	—	—
More than once a week	0	—	—	—

*Question HS/MS A.20: During the past 12 months, about how many times did you skip school or cut classes?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.3*****Reasons for Absence***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, I didn't miss any school	50	—	—	—
Illness (feeling physically sick), including problems with breathing or your teeth	42	—	—	—
Felt very sad, hopeless, anxious, stressed, or angry	4	—	—	—
Didn't get enough sleep	5	—	—	—
Didn't feel safe at school	1	—	—	—
Had to work	0	—	—	—
Had to take care of or help a family member or friend	2	—	—	—
Wanted to spend time with friends who don't go to your school	0	—	—	—
Wanted to use alcohol or drugs	0	—	—	—
Were behind in schoolwork or weren't prepared for a test or class assignment	4	—	—	—
Were bored with or uninterested in school	3	—	—	—
Were suspended	0	—	—	—
Other reason	12	—	—	—

*Question HS/MS A.21: In the past 30 days, did you miss school for any of the following reasons? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.*

**Table A4.4*****School Developmental Supports, Connectedness, and Academic Motivation***

Percent of students scoring High, Moderate, and Low (%)	Grade 7			Grade 9			Grade 11			NT		
	H	M	L	H	M	L	H	M	L	H	M	L
<b><i>School Environment</i></b>												
Total school supports	68	29	4	—	—	—	—	—	—	—	—	—
Caring adults in school	65	31	4	—	—	—	—	—	—	—	—	—
High expectations-adults in school	78	19	3	—	—	—	—	—	—	—	—	—
Meaningful participation at school	36	53	11	—	—	—	—	—	—	—	—	—
<b><i>School Connectedness</i></b>	79	18	2	—	—	—	—	—	—	—	—	—
<b><i>Academic Motivation</i></b>	63	29	8	—	—	—	—	—	—	—	—	—

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.5*****School Connectedness Scale Questions***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>I feel close to people at this school.</b>				
Strongly disagree	2	—	—	—
Disagree	2	—	—	—
Neither disagree nor agree	14	—	—	—
Agree	36	—	—	—
Strongly agree	46	—	—	—
<b>I am happy to be at this school.</b>				
Strongly disagree	2	—	—	—
Disagree	4	—	—	—
Neither disagree nor agree	15	—	—	—
Agree	36	—	—	—
Strongly agree	43	—	—	—
<b>I feel like I am part of this school.</b>				
Strongly disagree	2	—	—	—
Disagree	4	—	—	—
Neither disagree nor agree	14	—	—	—
Agree	38	—	—	—
Strongly agree	42	—	—	—
<b>The teachers at this school treat students fairly.</b>				
Strongly disagree	2	—	—	—
Disagree	5	—	—	—
Neither disagree nor agree	10	—	—	—
Agree	39	—	—	—
Strongly agree	44	—	—	—
<b>I feel safe in my school.</b>				
Strongly disagree	2	—	—	—
Disagree	1	—	—	—
Neither disagree nor agree	7	—	—	—
Agree	34	—	—	—
Strongly agree	57	—	—	—

*Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.*

*Note: Cells are empty if there are less than 25 respondents.*



**Table A4.6**  
**Academic Motivation Scale Questions**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>I try hard to make sure that I am good at my schoolwork.</b>				
Strongly disagree	1	—	—	—
Disagree	0	—	—	—
Neither disagree nor agree	6	—	—	—
Agree	26	—	—	—
Strongly agree	67	—	—	—
<b>I try hard at school because I am interested in my work.</b>				
Strongly disagree	3	—	—	—
Disagree	5	—	—	—
Neither disagree nor agree	13	—	—	—
Agree	32	—	—	—
Strongly agree	47	—	—	—
<b>I work hard to try to understand new things at school.</b>				
Strongly disagree	1	—	—	—
Disagree	2	—	—	—
Neither disagree nor agree	7	—	—	—
Agree	32	—	—	—
Strongly agree	58	—	—	—
<b>I am always trying to do better in my schoolwork.</b>				
Strongly disagree	1	—	—	—
Disagree	1	—	—	—
Neither disagree nor agree	5	—	—	—
Agree	29	—	—	—
Strongly agree	63	—	—	—

*Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork.*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.7*****School Developmental Supports Scale Questions***

<b>At my school, there is a teacher or some other adult...</b>	<b>Grade 7 %</b>	<b>Grade 9 %</b>	<b>Grade 11 %</b>	<b>NT %</b>
<b><i>Caring Relationships</i></b>				
<b>who really cares about me.</b>				
Not at all true	4	—	—	—
A little true	17	—	—	—
Pretty much true	39	—	—	—
Very much true	40	—	—	—
<b>who notices when I'm not there.</b>				
Not at all true	3	—	—	—
A little true	13	—	—	—
Pretty much true	28	—	—	—
Very much true	56	—	—	—
<b>who listens to me when I have something to say.</b>				
Not at all true	3	—	—	—
A little true	7	—	—	—
Pretty much true	29	—	—	—
Very much true	61	—	—	—
<b><i>High Expectations</i></b>				
<b>who tells me when I do a good job.</b>				
Not at all true	3	—	—	—
A little true	7	—	—	—
Pretty much true	24	—	—	—
Very much true	66	—	—	—
<b>who always wants me to do my best.</b>				
Not at all true	1	—	—	—
A little true	3	—	—	—
Pretty much true	19	—	—	—
Very much true	77	—	—	—
<b>who believes that I will be a success.</b>				
Not at all true	4	—	—	—
A little true	9	—	—	—
Pretty much true	23	—	—	—
Very much true	64	—	—	—

*Question HS/MS A.35-40: At my school, there is a teacher or some other adult... who really cares about me... who tells me when I do a good job... who notices when I am not there... who always wants me to do my best... who listens to me when I have something to say... who believes that I will be a success.*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.7*****School Developmental Supports Scale Questions - Continued***

<b>At school...</b>	<b>Grade 7 %</b>	<b>Grade 9 %</b>	<b>Grade 11 %</b>	<b>NT %</b>
<b><i>Opportunities for Meaningful Participation</i></b>				
<b>I do interesting activities.</b>				
Not at all true	5	—	—	—
A little true	18	—	—	—
Pretty much true	37	—	—	—
Very much true	40	—	—	—
<b>I help decide things like class activities or rules.</b>				
Not at all true	20	—	—	—
A little true	28	—	—	—
Pretty much true	29	—	—	—
Very much true	22	—	—	—
<b>I do things that make a difference.</b>				
Not at all true	9	—	—	—
A little true	29	—	—	—
Pretty much true	33	—	—	—
Very much true	28	—	—	—

*Question HS/MS A.41-43: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference.*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.8*****Parent Involvement in School***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Teachers at this school communicate with parents about what students are expected to learn in class.</b>				
Strongly disagree	2	—	—	—
Disagree	4	—	—	—
Neither disagree nor agree	15	—	—	—
Agree	37	—	—	—
Strongly agree	43	—	—	—
<b>Parents feel welcome to participate at this school.</b>				
Strongly disagree	1	—	—	—
Disagree	2	—	—	—
Neither disagree nor agree	19	—	—	—
Agree	37	—	—	—
Strongly agree	40	—	—	—
<b>School staff takes parent concerns seriously.</b>				
Strongly disagree	3	—	—	—
Disagree	5	—	—	—
Neither disagree nor agree	17	—	—	—
Agree	35	—	—	—
Strongly agree	41	—	—	—

*Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously.*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A4.9*****Quality of School Physical Environment***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>My school is usually clean and tidy.</b>				
Strongly disagree	4	—	—	—
Disagree	10	—	—	—
Neither disagree nor agree	15	—	—	—
Agree	42	—	—	—
Strongly agree	29	—	—	—

*Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.*

*Note: Cells are empty if there are less than 25 respondents.*

## 5. School Violence, Victimization, and Safety

**Table A5.1**

***Perceived Safety at School***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very safe	49	—	—	—
Safe	40	—	—	—
Neither safe nor unsafe	10	—	—	—
Unsafe	1	—	—	—
Very unsafe	1	—	—	—

*Question HS A.91/MS A.81: How safe do you feel when you are at school?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A5.2**

***Verbal Harassment***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>During the past 12 months, how many times on school property have you...</i></b>				
<b><i>had mean rumors or lies spread about you?</i></b>				
0 times	64	—	—	—
1 time	22	—	—	—
2 to 3 times	9	—	—	—
4 or more times	6	—	—	—
<b><i>had sexual jokes, comments, or gestures made to you?</i></b>				
0 times	77	—	—	—
1 time	10	—	—	—
2 to 3 times	5	—	—	—
4 or more times	8	—	—	—
<b><i>been made fun of because of your looks or the way you talk?</i></b>				
0 times	77	—	—	—
1 time	10	—	—	—
2 to 3 times	6	—	—	—
4 or more times	8	—	—	—
<b><i>been made fun of, insulted, or called names?</i></b>				
0 times	64	—	—	—
1 time	19	—	—	—
2 to 3 times	7	—	—	—
4 or more times	10	—	—	—

*Question HS A.95-97, 106/MS A.86-88, 97: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A5.3**

***Violence and Victimization on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>During the past 12 months, how many times on school property have you...</i></b>				
<b>been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?</b>				
0 times	82	—	—	—
1 time	11	—	—	—
2 to 3 times	4	—	—	—
4 or more times	3	—	—	—
<b>been afraid of being beaten up?</b>				
0 times	90	—	—	—
1 time	7	—	—	—
2 to 3 times	2	—	—	—
4 or more times	1	—	—	—
<b>been in a physical fight?</b>				
0 times	91	—	—	—
1 time	6	—	—	—
2 to 3 times	2	—	—	—
4 or more times	1	—	—	—
<b>been threatened with harm or injury?</b>				
0 times	93	—	—	—
1 time	4	—	—	—
2 to 3 times	2	—	—	—
4 or more times	1	—	—	—
<b>been threatened or injured with a weapon (gun, knife, club, etc.)?</b>				
0 times	99	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	1	—	—	—
<b>been offered, sold, or given an illegal drug?</b>				
0 times	96	—	—	—
1 time	2	—	—	—
2 to 3 times	1	—	—	—
4 or more times	1	—	—	—

*Question HS A.92-94, 99, 103, 105/MS A.83-85, 90, 94, 96: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A5.4*****Reasons for Harassment on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Race, ethnicity, or national origin</b>				
0 times	92	—	—	—
1 time	4	—	—	—
2 or more times	4	—	—	—
<b>Religion</b>				
0 times	95	—	—	—
1 time	2	—	—	—
2 or more times	3	—	—	—
<b>Gender (being male or female)</b>				
0 times	92	—	—	—
1 time	6	—	—	—
2 or more times	2	—	—	—
<b>Because you are gay or lesbian or someone thought you were</b>				
0 times	96	—	—	—
1 time	2	—	—	—
2 or more times	2	—	—	—
<b>A physical or mental disability</b>				
0 times	96	—	—	—
1 time	3	—	—	—
2 or more times	1	—	—	—
<b><i>Any of the above five hate-crime reasons</i></b>	20	—	—	—
<b>Any other reason</b>				
0 times	82	—	—	—
1 time	10	—	—	—
2 or more times	8	—	—	—
<b><i>Any harassment</i></b>	28	—	—	—

*Question HS A.107-112/MS A.98-103: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender (being male or female)... Because you are gay or lesbian or someone thought you were... A physical or mental disability... Any other reason.*

*Note: Cells are empty if there are less than 25 respondents.*



**Table A5.5*****Property Damage on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Had your property stolen or deliberately damaged</b>				
0 times	85	—	—	—
1 time	11	—	—	—
2 to 3 times	3	—	—	—
4 or more times	1	—	—	—
<b>Damaged school property on purpose</b>				
0 times	96	—	—	—
1 time	3	—	—	—
2 to 3 times	1	—	—	—
4 or more times	0	—	—	—

*Question HS A.98, 100/MS A.89, 91: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A5.6*****Weapons Possession on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Carried a gun</b>				
0 times	100	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	0	—	—	—
<b>Carried any other weapon (such as a knife or club)</b>				
0 times	97	—	—	—
1 time	1	—	—	—
2 to 3 times	0	—	—	—
4 or more times	2	—	—	—
<b>Seen someone carrying a gun, knife, or other weapon</b>				
0 times	91	—	—	—
1 time	6	—	—	—
2 to 3 times	1	—	—	—
4 or more times	2	—	—	—

*Question HS A.101, 102, 104/MS A.92, 93, 95: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?*

*Note: Cells are empty if there are less than 25 respondents.*

## 6. Alcohol and Other Drug Use

**Table A6.1**

***Summary Measures of Level of AOD Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime alcohol or drugs (excluding cold/cough medicines and prescription drugs)	8	—	—	—	A6.2
Current alcohol or drugs	3	—	—	—	A6.4
Current heavy drug users	0	—	—	—	A6.4
Current heavy alcohol user (binge drinker)	0	—	—	—	A6.4
Current alcohol or drug use on school property	0	—	—	—	A6.10

*Note: Cells are empty if there are less than 25 respondents.*

**Table A6.2**  
***Lifetime AOD Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol (one full drink)</b>				
0 times	94	—	—	—
1 time	3	—	—	—
2 to 3 times	1	—	—	—
4 or more times	1	—	—	—
<b>Marijuana</b>				
0 times	100	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	0	—	—	—
<b>Inhalants (to get “high”)</b>				
0 times	100	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	0	—	—	—
<b>Cocaine, Methamphetamine, or any amphetamines</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Ecstasy, LSD, or other psychedelics</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Any other drug, or pill, or medicine to get “high” or for other than medical reasons</b>				
0 times	98	—	—	—
1 time	1	—	—	—
2 to 3 times	0	—	—	—
4 or more times	1	—	—	—
<b><i>Any of the above AOD use</i></b>	8	—	—	—

*Question HS A.47-50, 52, 57/MS A.48-50, 52: During your life, how many times have you used the following substances? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (pot, weed, grass, hash, bud)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Any other drug, or pill, or medicine to get “high” or for other than medical reasons.*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A6.2*****Lifetime AOD Use – Continued***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Prescription pain medication, tranquilizers, or sedatives</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Diet Pills</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Ritalin™ or Adderall™ or other prescription stimulant</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Cold/Cough Medicines or other over-the-counter medicines</b>				
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—

*Question HS A.53-56: During your life, how many times have you used the following substances?... Prescription pain medication (Vicodin™, OxyContin™, Percodan™, Lortab™), tranquilizers, or sedatives (Xanax™, Ativan™)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin™ or Adderall™ (JIF, R-ball, Skippy) or other prescription stimulant... Cold/Cough Medicines (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) or other over-the-counter medicines.*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A6.3*****Summary of AOD Lifetime Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	6	—	—	—
Marijuana	0	—	—	—
Inhalants	0	—	—	—
Cocaine	na	—	—	—
Ecstasy, LSD, or other psychedelics	na	—	—	—
Prescription pain killers, Diet Pills, or other prescription stimulant	na	—	—	—

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A6.4*****Current AOD Use, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)	3	—	—	—
Binge drinking (5 or more drinks in a row)	0	—	—	—
Marijuana	0	—	—	—
Inhalants	0	—	—	—
Prescription medications to get “high” or for reasons other than prescribed	na	—	—	—
Other drug, pill, or medicine to get “high” or for other than medical reasons	1	—	—	—
<b><i>Any drug use</i></b>	1	—	—	—
<b><i>Heavy drug user</i></b>	0	—	—	—
<b><i>Any AOD Use</i></b>	3	—	—	—
Two or more drugs at the same time	na	—	—	—

*Question HS A.64-70/MS A.59-62, 63: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)... inhalants (things you sniff, huff, or breathe to get “high”)... prescription medications to get “high” or for reasons other than prescribed (such as Vicodin™, OxyContin™, Percodan™, Ritalin™, Adderall™, Xanax™)... any other drug, pill, or medicine to get “high” or for other than medical reasons... two or more drugs at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A6.5*****Frequency of Current AOD Use, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol (at least one drink)</b>				
0 days	97	—	—	—
1 or 2 days	3	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—
<b>Binge drinking (5 or more drinks in a row)</b>				
0 days	100	—	—	—
1 or 2 days	0	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—
<b>Marijuana</b>				
0 days	100	—	—	—
1 or 2 days	0	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—

*Question HS A.64-66/MS A.59-61: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A6.6*****Lifetime Drunk or “High”***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Very drunk or sick after drinking alcohol</b>				
0 times	100	—	—	—
1 to 2 times	0	—	—	—
3 to 6 times	0	—	—	—
7 or more times	0	—	—	—
<b>“High” (loaded, stoned, or wasted) from using drugs</b>				
0 times	99	—	—	—
1 to 2 times	1	—	—	—
3 to 6 times	0	—	—	—
7 or more times	0	—	—	—
<b>Very drunk or “high” 7 or more times</b>	0	—	—	—

*Question HS A.58, 59/MS A.53, 54: During your life, how many times have you been... very drunk or sick after drinking alcohol... “high” (loaded, stoned, or wasted) from using drugs?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A6.7*****Cessation Attempts***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol</b>				
Does not apply, don’t use	na	—	—	—
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—
<b>Marijuana</b>				
Does not apply, don’t use	na	—	—	—
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—

*Question HS A.88, 89: How many times have you tried to quit or stop using... alcohol... marijuana?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*



**Table A6.8**  
***Drinking While Driving***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Driven a car when you had been drinking, or been in a car driven by a friend who had been drinking</b>				
Never	na	—	—	—
1 time	na	—	—	—
2 times	na	—	—	—
3 to 6 times	na	—	—	—
7 or more times	na	—	—	—
<b>Have ridden in a car driven by someone who had been drinking</b>				
Never	66	na	na	na
1 time	11	na	na	na
2 times	6	na	na	na
3 to 6 times	6	na	na	na
7 or more times	11	na	na	na

*Question HS A.90/MS A.80: During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?... In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle/high school students.*

**Table A6.9**  
***Lifetime Drunk or “High” on School Property***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	100	—	—	—
1 to 2 times	0	—	—	—
3 to 6 times	0	—	—	—
7 or more times	0	—	—	—

*Question HS A.60/MS A.55: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A6.10*****Current AOD Use on School Property, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol</b>				
0 days	100	—	—	—
1 to 2 days	0	—	—	—
3 or more days	0	—	—	—
<b>Marijuana</b>				
0 days	100	—	—	—
1 to 2 days	0	—	—	—
3 or more days	0	—	—	—
<b>Any other drug, pill, or medicine to get “high” or for other than medical reasons?</b>				
0 days	100	—	—	—
1 to 2 days	0	—	—	—
3 or more days	0	—	—	—
<b><i>Any of the above</i></b>	0	—	—	—

*Question HS A.74-76/MS A.67-69: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol... smoke marijuana... use any other drug, pill, or medicine to get “high” or for other than medical reasons?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A6.11*****Perceived Harm and Availability***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>Perceived Harm of Use...</i></b>				
<b>Alcohol - drink occasionally</b>				
Great	18	—	—	—
Moderate	33	—	—	—
Slight	32	—	—	—
None	17	—	—	—
<b>Alcohol - 5 or more drinks once or twice a week</b>				
Great	62	—	—	—
Moderate	24	—	—	—
Slight	4	—	—	—
None	11	—	—	—
<b>Marijuana - smoke occasionally</b>				
Great	41	—	—	—
Moderate	38	—	—	—
Slight	12	—	—	—
None	9	—	—	—
<b>Marijuana - smoke once or twice a week</b>				
Great	73	—	—	—
Moderate	12	—	—	—
Slight	6	—	—	—
None	9	—	—	—
<b><i>Perceived Difficulty of Obtaining...</i></b>				
<b>Alcohol</b>				
Very difficult	21	—	—	—
Fairly difficult	14	—	—	—
Fairly easy	16	—	—	—
Very easy	10	—	—	—
Don't know	39	—	—	—
<b>Marijuana</b>				
Very difficult	35	—	—	—
Fairly difficult	11	—	—	—
Fairly easy	6	—	—	—
Very easy	4	—	—	—
Don't know	44	—	—	—

*Question HS A.79-82, 84, 85/MS A.72-75, 77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol occasionally... Have five or more drinks of an alcoholic beverage once or twice a week... Smoke marijuana occasionally... Smoke marijuana once or twice a week... How difficult is it for students in your grade to get any of the following substances if they really want them?... Alcohol... Marijuana.*

*Note: Cells are empty if there are less than 25 respondents.*

## 7. Tobacco Use

**Table A7.1**

*Summary of Key CHKS Tobacco Indicators*

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>Use Prevalence and Patterns</b>					
Ever smoked a whole cigarette	0	—	—	—	A7.2
Current cigarette smoking <sup>‡</sup>	0	—	—	—	A7.3
Current cigarette smoking at school <sup>‡</sup>	0	—	—	—	A7.4
Ever tried smokeless tobacco	0	—	—	—	A7.2
Current smokeless tobacco use <sup>‡</sup>	0	—	—	—	A7.3
Current smokeless tobacco use at school <sup>‡</sup>	0	—	—	—	A7.4
Ever used electronic cigarettes or other vaping device	2	—	—	—	A7.2
Current use of electronic cigarettes or other vaping device <sup>‡</sup>	0	—	—	—	A7.3
Current use of electronic cigarettes or other vaping device at school <sup>‡</sup>	0	—	—	—	A7.4
<b>Cessation Attempts</b>					
Tried to quit or stop using cigarettes	na	—	—	—	A7.5
<b>Attitudes and Correlates</b>					
Occasional smoking great harm	31	—	—	—	A7.7
Smoking 1-2 packs per day great harm	82	—	—	—	A7.7
Strongly disapprove of peer smoking 1 or more packs of cigarettes a day	88	—	—	—	A7.6
Very easy to obtain cigarettes	4	—	—	—	A7.7

*Notes: Cells are empty if there are less than 25 respondents.*

*<sup>‡</sup>Past 30 days; na—Not asked of middle school students.*

**Table A7.2**  
***Lifetime Tobacco Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>A cigarette, even one or two puffs</b>				
0 times	99	na	na	na
1 time	1	na	na	na
2 to 3 times	0	na	na	na
4 or more times	0	na	na	na
<b>A whole cigarette</b>				
0 times	100	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	0	—	—	—
<b>Smokeless tobacco</b>				
0 times	100	—	—	—
1 time	0	—	—	—
2 to 3 times	0	—	—	—
4 or more times	0	—	—	—
<b>An electronic cigarette or other vaping device</b>				
0 times	98	—	—	—
1 time	1	—	—	—
2 to 3 times	0	—	—	—
4 or more times	1	—	—	—

*Question HS A.44-46/MS A.44-47: During your life, how many times have you used the following substances? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens.*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of high school students.*

**Table A7.3*****Any Current Use and Daily Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Cigarette</b>				
Any	0	—	—	—
Daily (20 or more days)	0	—	—	—
<b>Smokeless Tobacco</b>				
Any	0	—	—	—
Daily (20 or more days)	0	—	—	—
<b>Electronic cigarette</b>				
Any	0	—	—	—
Daily (20 or more days)	0	—	—	—

*Question HS A.61-63/MS A.56-58: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff )... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A7.4**  
**Current Smoking on School Property, Past 30 Days**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Cigarette</b>				
0 days	100	—	—	—
1 or 2 days	0	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—
<b>Smokeless Tobacco</b>				
0 days	100	—	—	—
1 or 2 days	0	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—
<b>Electronic cigarette or other vaping device</b>				
0 days	100	—	—	—
1 or 2 days	0	—	—	—
3 to 9 days	0	—	—	—
10 to 19 days	0	—	—	—
20 or more days	0	—	—	—

*Question HS A.71-73/MS A.64-66: During the past 30 days, on how many days on school property did you... smoke cigarettes... use smokeless tobacco (dip, chew, or snuff)... use electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A7.5*****Cigarette Smoking Cessation Attempts***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	—	—	—
0 times	na	—	—	—
1 time	na	—	—	—
2 to 3 times	na	—	—	—
4 or more times	na	—	—	—

*Question HS A.87: How many times have you tried to quit or stop using cigarettes?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A7.6*****Personal Disapproval of Peer Cigarette Smoking, One or More Packs A Day***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Neither approve nor disapprove	5	—	—	—
Somewhat disapprove	7	—	—	—
Strongly disapprove	88	—	—	—

*Question HS A.86/MS A.79: How do you feel about someone your age smoking one or more packs of cigarettes a day?*

*Note: Cells are empty if there are less than 25 respondents.*



**Table A7.7*****Perceived Harm of Cigarette Smoking and Difficulty of Obtaining Cigarettes***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>Perceived Harm of Use...</i></b>				
<b>Smoke cigarettes occasionally</b>				
Great	31	—	—	—
Moderate	46	—	—	—
Slight	14	—	—	—
None	9	—	—	—
<b>Smoke 1-2 packs of cigarettes a day</b>				
Great	82	—	—	—
Moderate	7	—	—	—
Slight	3	—	—	—
None	9	—	—	—
<b><i>Perceived Difficulty of Obtaining...</i></b>				
<b>Cigarettes</b>				
Very difficult	23	—	—	—
Fairly difficult	18	—	—	—
Fairly easy	15	—	—	—
Very easy	4	—	—	—
Don't know	40	—	—	—

*Question HS A.77, 78, 83/MS A.70, 71, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1-2 packs of cigarettes each day... How difficult is it for students in your grade to get any of the following substances if they really want them?... Cigarettes.*

*Note: Cells are empty if there are less than 25 respondents.*

## 8. Other Physical and Mental Health Risks

**Table A8.1**

***Cyber Bullying, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	82	—	—	—
1 time	11	—	—	—
2 to 3 times	4	—	—	—
4 or more times	2	—	—	—

*Question HS A.113/MS A.104: During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e., Facebook<sup>TM</sup>, Instagram<sup>TM</sup>, Snapchat<sup>TM</sup>, email, instant message)?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A8.2**

***Alone After School***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	21	na	na	na
1 day	25	na	na	na
2 days	21	na	na	na
3 days	10	na	na	na
4 days	9	na	na	na
5 days	13	na	na	na

*Question MS A.82: In a normal week, how many days are you home after school for at least one hour without an adult there?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of high school students.*

**Table A8.3*****Eating of Breakfast***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	11	—	—	—
Yes	89	—	—	—

*Question HS A.117/MS A.107: Did you eat breakfast today?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A8.4*****Chronic Sad or Hopeless Feelings, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	88	—	—	—
Yes	12	—	—	—

*Question HS A.115/MS A.106: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?*

*Note: Cells are empty if there are less than 25 respondents.*

**Table A8.5*****Seriously Considered Attempting Suicide, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	—	—	—
Yes	na	—	—	—

*Question HS A.116: During the past 12 months, did you ever seriously consider attempting suicide?*

*Notes: Cells are empty if there are less than 25 respondents.*

*na—Not asked of middle school students.*

**Table A8.6*****Gang Involvement***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	95	—	—	—
Yes	5	—	—	—

*Question HS A.114/MS A.105: Do you consider yourself a member of a gang?*

*Note: Cells are empty if there are less than 25 respondents.*

## 9. Race/Ethnic Breakdowns

**Table A9.1**

***School Developmental Supports and Connectedness by Race/Ethnicity - 7th Grade***

Percent of students scoring High (%)	Grade 7						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports						69	68
Caring adults in school						66	66
High expectations-adults in school						81	75
Meaningful participation at school						39	32
<b><i>School Connectedness</i></b>						81	77
<b><i>Academic Motivation</i></b>						65	58

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

**Table A9.2**

***School Developmental Supports and Connectedness by Race/Ethnicity - 9th Grade***

Percent of students scoring High (%)	Grade 9						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports	—	—	—	—	—	—	—
Caring adults in school	—	—	—	—	—	—	—
High expectations-adults in school	—	—	—	—	—	—	—
Meaningful participation at school	—	—	—	—	—	—	—
<b><i>School Connectedness</i></b>	—	—	—	—	—	—	—
<b><i>Academic Motivation</i></b>	—	—	—	—	—	—	—

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

**Table A9.3*****School Developmental Supports and Connectedness by Race/Ethnicity - 11th Grade***

Percent of students scoring High (%)	Grade 11						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports	—	—	—	—	—	—	—
Caring adults in school	—	—	—	—	—	—	—
High expectations-adults in school	—	—	—	—	—	—	—
Meaningful participation at school	—	—	—	—	—	—	—
<b><i>School Connectedness</i></b>	—	—	—	—	—	—	—
<b><i>Academic Motivation</i></b>	—	—	—	—	—	—	—

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

**Table A9.4*****School Developmental Supports and Connectedness by Race/Ethnicity - Non-Traditional***

Percent of students scoring High (%)	NT						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports	—	—	—	—	—	—	—
Caring adults in school	—	—	—	—	—	—	—
High expectations-adults in school	—	—	—	—	—	—	—
Meaningful participation at school	—	—	—	—	—	—	—
<b><i>School Connectedness</i></b>	—	—	—	—	—	—	—
<b><i>Academic Motivation</i></b>	—	—	—	—	—	—	—

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

**Table A9.5*****Current Cigarette Smoking by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Smoked cigarettes in the past 30 days</b>				
Hispanic or Latino		—	—	—
American Indian or Alaska Native		—	—	—
Asian		—	—	—
Black or African American		—	—	—
Native Hawaiian or Pacific Islander		—	—	—
White	0	—	—	—
Mixed (two or more) races	2	—	—	—

*Notes: Cells are empty if there are less than 25 respondents.*

## 10. Gender Breakdowns

**Table A10.1**

*School Developmental Supports, Connectedness, and Academic Motivation by Gender*

Percent of Students Scoring High	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
<b><i>School Environment</i></b>								
Total school supports	69	66	—	—	—	—	—	—
Caring adults in school	63	67	—	—	—	—	—	—
High expectations-adults in school	81	76	—	—	—	—	—	—
Meaningful participation at school	42	31	—	—	—	—	—	—
<b><i>School Connectedness</i></b>	76	83	—	—	—	—	—	—
<b><i>Academic Motivation</i></b>	69	57	—	—	—	—	—	—

*Note: Cells are empty if there are less than 25 respondents.*

**Table A10.2**  
***Selected Alcohol and Drug Use Measures by Gender***

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
<b>Lifetime and Current AOD Use</b>								
<i>During your life, did you ever...</i>								
drink alcohol (one full drink)?	9	3	—	—	—	—	—	—
use inhalants?	1	0	—	—	—	—	—	—
smoke marijuana?	1	0	—	—	—	—	—	—
<i>During the past 30 days, did you...</i>								
drink alcohol (one full drink)?	4	2	—	—	—	—	—	—
use inhalants?	0	0	—	—	—	—	—	—
smoke marijuana?	0	0	—	—	—	—	—	—
<b>Level of Involvement (High Risk Patterns)</b>								
<i>During your life, have you ever...</i>								
been very drunk or sick after drinking alcohol?	0	0	—	—	—	—	—	—
been “high” from using drugs?	1	1	—	—	—	—	—	—
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	1	0	—	—	—	—	—	—
<b>AOD Use at School</b>								
During your life, have you ever been drunk or “high” on school property?	0	0	—	—	—	—	—	—
During the past 30 days, did you use marijuana on school property?	0	0	—	—	—	—	—	—
<b>Perceived Harm</b>								
<i>Frequent use of...is harmful.<sup>A</sup></i>								
alcohol (five or more drinks once or twice a week)	92	86	—	—	—	—	—	—
marijuana (once or twice a week)	94	89	—	—	—	—	—	—

*Notes: Cells are empty if there are less than 25 respondents.*

<sup>A</sup>*Combines Great, Moderate, and Slight.*



**Table A10.3**

***Selected Tobacco Use Measures by Gender***

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
During your life, did you ever smoke a cigarette?	0	0	—	—	—	—	—	—
During the past 30 days, did you smoke a cigarette?	1	0	—	—	—	—	—	—
During the past 30 days, did you smoke cigarettes daily?	0	0	—	—	—	—	—	—
During the past 30 days, did you smoke cigarettes on school property?	1	0	—	—	—	—	—	—
Frequent use of cigarettes is harmful. (1-2 packs a day) <sup>A</sup>	93	89	—	—	—	—	—	—

*Notes: Cells are empty if there are less than 25 respondents.*

<sup>A</sup>*Combines Great, Moderate, and Slight.*

**Table A10.4**

***School Safety–Related Indicators by Gender***

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
<i>During the past 12 months at school, have you been harassed or bullied for any of the following reasons?</i>								
Race, ethnicity, or national origin	6	10	—	—	—	—	—	—
Religion	6	5	—	—	—	—	—	—
Gender	15	1	—	—	—	—	—	—
Gay/lesbian, or someone thought you were	3	6	—	—	—	—	—	—
Physical/mental disability	3	5	—	—	—	—	—	—
Any other reason	18	17	—	—	—	—	—	—
During the past 12 months at school, have you been in a physical fight?	2	16	—	—	—	—	—	—
Feels safe at school	82	96	—	—	—	—	—	—
Currently belong to a gang	3	7	—	—	—	—	—	—

*Note: Cells are empty if there are less than 25 respondents.*

**Table A10.5**

***Physical and Mental Health Measures by Gender***

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
Eating of breakfast	88	90	—	—	—	—	—	—
Chronic sad or hopeless feelings	14	10	—	—	—	—	—	—

*Note: Cells are empty if there are less than 25 respondents.*

## Z. Mill Valley Elementary Custom Questions

### 1. Module Sample

**Table Z1.1**

***Student Sample for Custom Questions***

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
<b><i>Student Sample Size</i></b>				
Target sample	347	–	–	–
Final number	309	–	–	–
<b>Average Response Rate</b>	89%	–	–	–

*Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.*

## 2. Custom Questions

**Table AZ.2.1**

*Teachers and other adults encourage me to work hard in school so I can be successful in college or at the job I choose.*

	Grade	
	7th %	Total %
Strongly disagree	2	2
Disagree	2	2
Neither agree nor disagree	7	7
Agree	22	22
Strongly agree	66	66

*Question HS/MS Z.1.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.2**

*I have been disrespected or mistreated by an adult at this school because of my race, ethnicity, or nationality.*

	Grade	
	7th %	Total %
Strongly disagree	83	83
Disagree	10	10
Neither agree nor disagree	4	4
Agree	1	1
Strongly agree	2	2

*Question HS/MS Z.2.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.3**

*Outside of my home and school, there is an adult who really cares about me.*

	Grade	
	7th %	Total %
Not at all true	1	1
A little true	5	5
Pretty much true	11	11
Very much true	83	83

*Question HS/MS Z.3.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.4*****Outside of my home and school, there is an adult who tells me when I do a good job.***

	Grade	
	7th %	Total %
Not at all true	4	4
A little true	4	4
Pretty much true	14	14
Very much true	77	77

*Question HS/MS Z.4.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.5*****Outside of my home and school, there is an adult who notices when I am upset about something.***

	Grade	
	7th %	Total %
Not at all true	6	6
A little true	7	7
Pretty much true	17	17
Very much true	70	70

*Question HS/MS Z.5.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.6*****Outside of my home and school, there is an adult who believes that I will be a success.***

	Grade	
	7th %	Total %
Not at all true	3	3
A little true	6	6
Pretty much true	8	8
Very much true	84	84

*Question HS/MS Z.6.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.7*****Outside of my home and school, there is an adult who always wants me to do my best.***

	Grade	
	7th %	Total %
Not at all true	2	2
A little true	4	4
Pretty much true	7	7
Very much true	88	88

*Question HS/MS Z.7.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.8*****Outside of my home and school, there is an adult whom I can trust.***

	Grade	
	7th %	Total %
Not at all true	5	5
A little true	4	4
Pretty much true	15	15
Very much true	77	77

*Question HS/MS Z.8.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.9*****I know where to go for help with a problem and I can find someone to talk with.***

	Grade	
	7th %	Total %
Not at all true	5	5
A little true	11	11
Pretty much true	25	25
Very much true	59	59

*Question HS/MS Z.9.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.10*****I have a friend about my own age that really cares for me.***

	Grade	
	7th %	Total %
Not at all true	2	2
A little true	8	8
Pretty much true	16	16
Very much true	74	74

*Question HS/MS Z.10.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.11*****In my home there is a parent or some other adult who believes that I will be a success.***

	Grade	
	7th %	Total %
Not at all true	1	1
A little true	4	4
Pretty much true	8	8
Very much true	88	88

*Question HS/MS Z.11.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.12*****In my home there is a parent or some other adult who listens to me when I have something to say.***

	Grade	
	7th %	Total %
Not at all true	3	3
A little true	5	5
Pretty much true	9	9
Very much true	82	82

*Question HS/MS Z.12.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.13*****I am involved in music, art, literature, sports or a hobby.***

	Grade	
	7th %	Total %
Not at all true	1	1
A little true	3	3
Pretty much true	7	7
Very much true	89	89

*Question HS/MS Z.13.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.14*****I have goals and plans for the future.***

	Grade	
	7th %	Total %
Not at all true	2	2
A little true	6	6
Pretty much true	18	18
Very much true	74	74

*Question HS/MS Z.14.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.15*****I believe I will be a success.***

	Grade	
	7th %	Total %
Not at all true	2	2
A little true	5	5
Pretty much true	18	18
Very much true	75	75

*Question HS/MS Z.15.**Note: Columns are not displayed if there are less than 25 respondents.*



**Table AZ.2.16*****I know I will graduate from high school.***

	Grade	
	7th %	Total %
Not at all true	1	1
A little true	4	4
Pretty much true	8	8
Very much true	88	88

*Question HS/MS Z.16.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.17*****I plan to go to college or some other school after high school***

	Grade	
	7th %	Total %
Not at all true	0	0
A little true	3	3
Pretty much true	8	8
Very much true	89	89

*Question HS/MS Z.17.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.18*****I know I will find a good job after I graduate.***

	Grade	
	7th %	Total %
Yes	94	94
No	6	6

*Question HS/MS Z.18.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.19**

*Were you treated with respect all day yesterday? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time.*

	Grade	
	7th %	Total %
0	1	1
1	1	1
2	0	0
3	1	1
4	2	2
5	4	4
6	2	2
7	7	7
8	18	18
9	25	25
10	38	38

*Question HS/MS Z.19.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.20**

*Do you have health problems that keep you from doing any of the things other people your age can normally do? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time.*

	Grade	
	7th %	Total %
0	51	51
1	3	3
2	3	3
3	1	1
4	2	2
5	2	2
6	1	1
7	3	3
8	1	1
9	7	7
10	25	25

*Question HS/MS Z.20.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.21*****On how many of the past 7 days did you participate in a physical activity for at least 30 minutes?***

	Grade	
	7th %	Total %
0 days	2	2
1 day	3	3
2 days	6	6
3 days	8	8
4 days	10	10
5 days	11	11
6 days	12	12
7 days	49	49

*Question HS/MS Z.21.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.22*****On how many of the past 7 days did you walk, bicycle, or skateboard home from school?***

	Grade	
	7th %	Total %
0 days	23	23
1 day	8	8
2 days	7	7
3 days	7	7
4 days	5	5
5 days	17	17
6 days	2	2
7 days	30	30

*Question HS/MS Z.22.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.23**

*During the past seven days on how many days were you physically active for a total of at least 60 minutes per day? Do not include school P.E. (Add up all the time you spent in any kind of physical activity other than in school P.E. that increased your heart rate and made you breathe hard some of the time.)*

	Grade	
	7th %	Total %
0 days	7	7
1 day	5	5
2 days	6	6
3 days	12	12
4 days	14	14
5 days	15	15
6 days	12	12
7 days	31	31

*Question HS/MS Z.23.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.24**

*During the past 24 hours (yesterday), how many times did you eat fruits and vegetables, including salads or nonfried potatoes? (Do not count fruit juice.)*

	Grade	
	7th %	Total %
0	3	3
1	5	5
2	7	7
3	17	17
4	16	16
5	20	20
6	7	7
7	25	25

*Question HS/MS Z.24.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.25**

*Yesterday, how many times did you drink a bottle or glass of plain water? Count tap, bottled and unflavored sparkling water.*

	Grade	
	7th %	Total %
0	2	2
1	3	3
2	9	9
3	15	15
4	15	15
5	14	14
6	12	12
7	6	6
8 or more	24	24

*Question HS/MS Z.25.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.26**

*Yesterday, how many glasses or cans of soda (such as Coke) or other sweetened drinks (such as fruit punch or sports drinks) did you drink? (Do not count diet and sugar-free drinks.)*

	Grade	
	7th %	Total %
0	65	65
1	25	25
2	7	7
3	2	2
4	0	0
5	1	1
8 or more	1	1

*Question HS/MS Z.26.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.27*****Which of the following are you trying to do about your weight?***

	Grade	
	7th %	Total %
Lose weight	23	23
Gain weight	7	7
Stay the same weight	22	22
I am not trying to do anything about my weight	49	49

*Question HS/MS Z.27.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.28*****Go without eating (fasting), eat less food, fewer calories, or foods low in fat. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?***

	Grade	
	7th %	Total %
No	88	88
Yes	12	12

*Question HS/MS Z.28.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.29*****Take any diet pills, powders, or liquids without a doctors advice (does not include meal replacement products, such as Slim Fast.) - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?***

	Grade	
	7th %	Total %
No	99	99
Yes	1	1

*Question HS/MS Z.29.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.30**

***Vomit or take laxatives. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?***

	Grade	
	7th %	Total %
No	98	98
Yes	2	2

*Question HS/MS Z.30.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.31**

***How do you describe your weight?***

	Grade	
	7th %	Total %
Very underweight	3	3
Slightly underweight	21	21
About the right weight	63	63
Slightly overweight	12	12
Very overweight	1	1

*Question HS/MS Z.31.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.32**

***Cut, burned, or scratched yourself on purpose? - In your lifetime have you ever intentionally, or on purpose, done any of the following?***

	Grade	
	7th %	Total %
No	89	89
Yes	11	11

*Question HS/MS Z.32.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.33*****Attempted suicide? - In your lifetime have you ever intentionally, or on purpose, done any of the following?***

	Grade	
	7th %	Total %
No	96	96
Yes	4	4

*Question HS/MS Z.33.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.34*****If you saw another student being bullied, what would you do? (Select the main one.)***

	Grade	
	7th %	Total %
Tell an adult at school	77	77
Laugh and join in	2	2
Nothing	21	21

*Question HS/MS Z.34.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.35*****Have you ever threatened or bullied anyone at school?***

	Grade	
	7th %	Total %
No	86	86
Yes	14	14

*Question HS/MS Z.35.**Note: Columns are not displayed if there are less than 25 respondents.*



**Table AZ.2.36**

***LSD, Ecstasy or other psychedelics (acid, mescaline, peyote, mushrooms) - During your lifetime, how many times have you used or tried the following substances?***

	Grade	
	7th %	Total %
0	99	99
1-3	0	0
10 or more	0	0

*Question HS/MS Z.36.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.37**

***Heroin (smack, junk, China White, black tar) - During your lifetime, how many times have you used or tried the following substances?***

	Grade	
	7th %	Total %
0	100	100

*Question HS/MS Z.37.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.38**

***Prescription pain killers (Vicodin, OxyContin Percodan, Lortab) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?***

	Grade	
	7th %	Total %
0	98	98
1-3	2	2
10 or more	0	0

*Question HS/MS Z.38.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.39**

**Barbiturates (Seconol, Nembutol, Amital, red, yellow jackets) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?**

	Grade	
	7th %	Total %
0	99	99
1-3	0	0
10 or more	0	0

*Question HS/MS Z.39.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.40**

**Tranquilizers, or sedatives, (tranks, libs, Xanax, Valium, Ativan, Librium, Klonopin, benzodiazepine/benzos) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?**

	Grade	
	7th %	Total %
0	99	99
1-3	0	0
10 or more	0	0

*Question HS/MS Z.40.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.41**

***Cold/Cough Medicines (Triple-C's Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?***

	Grade	
	7th %	Total %
0	96	96
1-3	2	2
6-9	0	0
10 or more	2	2

*Question HS/MS Z.41.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.42**

***Diet Pills (Didrex, Dexedrine, Zinadrine) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?***

	Grade	
	7th %	Total %
0	100	100
10 or more	0	0

*Question HS/MS Z.42.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.43**

***Ritalin or Adderall - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?***

	Grade	
	7th %	Total %
0	99	99
6-9	0	0
10 or more	1	1

*Question HS/MS Z.43.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.44**

***During the past 30 days, on how many days did you use cocaine (any form, coke, crack, rock, base, snort)?***

	Grade	
	7th %	Total %
0 days	100	100
20-30 days	0	0

*Question HS/MS Z.44.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.45**

***During the past 30 days, on how many days did you use methamphetamine or amphetamines (meth, speed, crystal, crank, ice)?***

	Grade	
	7th %	Total %
0 days	100	100
20-30 days	0	0

*Question HS/MS Z.45.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.46**

*During the past 30 days, on how many days did you use ecstasy, LSD or other psychedelics (acid, mescaline, peyote, mushrooms)?*

	Grade	
	7th %	Total %
0 days	100	100
20-30 days	0	0

*Question HS/MS Z.46.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.47**

*Has using alcohol, marijuana or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)*

	Grade	
	7th %	Total %
Doesn't apply; I have never used alcohol or drugs	97	97
Have problems with emotions, nerves or mental health	0	0
Get into trouble or have problems with the police	0	0
Have money problems	0	0
Miss school	1	1
Have problems with schoolwork	0	0
Fight with other kids	0	0
Damage a friendship	0	0
Physically hurt or injure yourself	0	0
Have unwanted or unprotected sex	0	0
Forget what happened or pass out	0	0
Have other problems	0	0
I've used alcohol or drugs but never had any problems	1	1

*Question HS/MS Z.47.*

*Notes: Columns are not displayed if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.*

**Table AZ.2.48*****Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?***

	Grade	
	7th %	Total %
I dont use alcohol or other drugs	99	99
No, but I do use	1	1
Yes, I felt like I needed help	0	0

*Question HS/MS Z.48.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.49*****If you drink alcohol or use drugs how do you most frequently get it? (Select the main one.)***

	Grade	
	7th %	Total %
At school or school events	1	1
At your own home	1	1
From friends or another teenager at their home	1	1
Buy it myself from a store	0	0
Other	1	1
I dont drink alcohol	97	97

*Question HS/MS Z.49.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.50*****In your opinion, how likely is it that a student would find help at your school from a counselor, teacher, other adult or a restorative program to stop or reduce using alcohol or other drugs?***

	Grade	
	7th %	Total %
Very likely	20	20
Likely	24	24
Not Likely	27	27
Dont Know	29	29

*Question HS/MS Z.50.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.51*****The last time you used prescription medication that was not prescribed to you, what were the reasons?***

	Grade	
	7th %	Total %
I did not take prescription medication that was not prescribed to me	91	91
To relieve pain	5	5
To relieve other physical symptoms	1	1
To relieve anxiety or depression	2	2
For fun, getting high, peer pressure (friends were doing it)	1	1
To prevent or relieve withdrawal symptoms	0	0

*Question HS/MS Z.51.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.52*****From whom did you obtain the prescription medication?***

	Grade	
	7th %	Total %
I did not take prescription medication that was not prescribed to me	92	92
From a friend OR relative	4	4
From a street dealer or other person I didnt know	0	0
Online	1	1
Other	2	2

*Question HS/MS Z.52.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.53*****How wrong do your parents feel it would be for you to drink beer, wine or hard liquor (for example, vodka, whiskey or gin) regularly?***

	Grade	
	7th %	Total %
Very wrong	86	86
Wrong	10	10
A little bit wrong	3	3
Not at all wrong	0	0

*Question HS/MS Z.53.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.54*****How wrong do your parents feel it would be for you to smoke cigarettes?***

	Grade	
	7th %	Total %
Very wrong	95	95
Wrong	4	4
A little bit wrong	0	0
Not at all wrong	0	0

*Question HS/MS Z.54.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.55*****How wrong do your parents feel it would be for you to smoke marijuana?***

	Grade	
	7th %	Total %
Very wrong	93	93
Wrong	5	5
A little bit wrong	2	2
Not at all wrong	0	0

*Question HS/MS Z.55.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.56*****How wrong do your parents feel it would be for you to use prescription drugs that were not your own or for non-medical reasons?***

	Grade	
	7th %	Total %
Very wrong	94	94
Wrong	5	5
A little bit wrong	1	1
Not at all wrong	0	0

*Question HS/MS Z.56.**Note: Columns are not displayed if there are less than 25 respondents.*



**Table AZ.2.57**

*During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of tobacco, alcohol, or other drugs.*

	Grade	
	7th %	Total %
Yes	79	79
No	21	21

*Question HS/MS Z.57.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.58**

*How wrong do your friends feel it would be for you to smoke one or two packs of cigarettes a day?*

	Grade	
	7th %	Total %
Very wrong	88	88
Wrong	9	9
A little bit wrong	3	3
Not at all wrong	0	0

*Question HS/MS Z.58.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.59**

*How wrong do your friends feel it would be for you to have one or two alcoholic drinks regularly?*

	Grade	
	7th %	Total %
Very wrong	86	86
Wrong	10	10
A little bit wrong	4	4
Not at all wrong	1	1

*Question HS/MS Z.59.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.60*****How wrong do your friends feel it would be for you to smoke marijuana?***

	Grade	
	7th %	Total %
Very wrong	86	86
Wrong	9	9
A little bit wrong	3	3
Not at all wrong	1	1

*Question HS/MS Z.60.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.61*****During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?***

	Grade	
	7th %	Total %
I did not smoke cigarettes during the past 30 days	99	99
More than 20 cigarettes per day	1	1

*Question HS/MS Z.61.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.62*****If you now smoke cigarettes, would you like to quit smoking?***

	Grade	
	7th %	Total %
I dont smoke cigarettes; does not apply	98	98
No	0	0
Yes	1	1

*Question HS/MS Z.62.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.63*****How hard would it be for you to refuse or say “no” to a friend who offered you a cigarette to smoke?***

	Grade	
	7th %	Total %
Very hard	1	1
Hard	3	3
Easy	21	21
Very Easy	75	75

*Question HS/MS Z.63.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.64*****During the past 12 months, did you have lessons about tobacco and its effects on the body?***

	Grade	
	7th %	Total %
Yes	93	93
No	3	3
Not sure	4	4

*Question HS/MS Z.64.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.65*****Have you ever been slapped, kicked or physically hurt by a boyfriend or girlfriend, not just a friend?***

	Grade	
	7th %	Total %
Yes	5	5
No	95	95

*Question HS/MS Z.65.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.66*****Has this happened in the past 12 months?***

	Grade	
	7th %	Total %
Yes	3	3
No	9	9
It has never happened to me	88	88

*Question HS/MS Z.66.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.67*****The last time this happened, did you talk to anyone about it?***

	Grade	
	7th %	Total %
Yes	2	2
No	5	5
It has never happened to me	93	93

*Question HS/MS Z.67.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.68*****During the past 12 months has your boyfriend or girlfriend pressured or forced you in a way that made you feel uncomfortable?***

	Grade	
	7th %	Total %
Yes	3	3
No	97	97

*Question HS/MS Z.68.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.69**

*During the past 12 months has your boyfriend or girlfriend controlled your life in a way that you didn't want them to?*

	Grade	
	7th %	Total %
Yes	1	1
No	99	99

*Question HS/MS Z.69.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.70**

*During the past 12 months did one of your parents have injuries or live in fear of being hurt by your other parent or someone they were dating?*

	Grade	
	7th %	Total %
Yes	1	1
No	99	99

*Question HS/MS Z.70.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.71**

*About how old were you the first time you had a drink of an alcoholic beverage (other than a sip or two)?*

	Grade	
	7th %	Total %
Never	92	92
10 or Under	4	4
11	2	2
12	1	1
13	0	0

*Question HS/MS Z.71.*

*Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.72***About how old were you the first time you smoked part or all of a cigarette?*

	Grade	
	7th %	Total %
Never	99	99
10 or Under	0	0
11	0	0
12	0	0
13	0	0

*Question HS/MS Z.72.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.73***About how old were you the first time you used smokeless tobacco or other tobacco products?*

	Grade	
	7th %	Total %
Never	99	99
10 or Under	0	0
11	0	0
13	0	0

*Question HS/MS Z.73.**Note: Columns are not displayed if there are less than 25 respondents.*

**Table AZ.2.74*****About how old were you the first time you used marijuana or hashish?***

	Grade	
	7th %	Total %
Never	99	99
11	0	0
13	0	0

*Question HS/MS Z.74.**Note: Columns are not displayed if there are less than 25 respondents.***Table AZ.2.75*****About how old were you the first time you used any other illegal drug or pill to get “high”?***

	Grade	
	7th %	Total %
Never	99	99
10 or Under	0	0
13	0	0

*Question HS/MS Z.75.**Note: Columns are not displayed if there are less than 25 respondents.*